## LEARN MORE ABOUT

## ... WHEN KITE, WING, OR WINDSURFING

It's often windy in Denmark, and this offers opportunities for all kinds of surfing. Here are some suggestions to give you a good experience whilst respecting nature and other visitors:

- Before you go on the water, you must make sure that surfing is permitted on your specific location, and whether there are protected areas you need to take into account. Find information on virtually all surf spots on <u>bipper.dk</u> (in Danish). Download the Bipper app to both iOS and Android.
- Keep well away from the coast and avoid shallow waters if at all possible. This will reduce inconveniencing bathers, and you won't frighten birds into taking off.
- Respect other users of the sea where you're kite, wing, or windsurfing.
- Remember that hypothermia may also occur in summer.
- Always use a life jacket.
- Remember that you're a visitor to the countryside don't disturb the animals and birds living there. Stay away from tidal flats and small islets.
- Pick up any rubbish you find and take it with you even if it's not yours.

## **Getting there**

The south-facing bays in the national park are generally well-suited to surfing. See the descriptions on *bipper.dk* (in Danish).

Remember that kite or sail surfing may startle the birds and thus reduce the time spent on foraging before they move on. During the breeding season, you might also frighten brooding birds away from their nests. So, keep well away from shallow waters with birds and use the smallest possible area of the salt marshes to avoid disturbing the breeding birds.

Breeding season: March - June.



