

EN

NATIONALPARK
KONGERNES NORDSJÆLLAND

MIDDLE AREA

NATIONALPARK
KONGERNES NORDSJÆLLAND

WELCOME TO KONGERNES NORDSJÆLLAND NATIONAL PARK

At our national park, you can get close to nature, experience the presence of history and refuel your body, your soul and all your senses.

At Kongernes Nordsjælland National Park, our job is to protect, enrich and develop an area covering 263 square kilometres of nature, landscapes, cultural heritage and outdoor life.

Danish national parks include some of the most unique and valuable natural areas, landscapes and cultural heritage traces that Denmark has to offer. We must protect and preserve these.





NATIONALPARK
KONGERNES NORDSJÆLLAND

NATIONALPARK KONGERNES NORDSJÆLLAND
Klostergade 12, DK-3230 Græsted
www.nationalparkkongernesnordsjaelland.dk

TRAILS AND ROUTES

Hiking trails, cycling routes, bridle paths and mountain biking trails will take you across the landscapes of North Zealand, through majestic forests and along lovely lakes and wide, beautiful beaches. Follow your own route and at your own pace. There is room for everyone.

HIKING TRAIL
- 8 Esrum-Tisvildevejen
- 9 Gribskov-Mårum 1 - 4 km
- 10 Gribskov-Mårum 3 - 4,5 km
- 11 Gribskov-Mårum 4 - 2,5 km
- 12 Nødebo Vandrerute - 8,5 km
- 13 Fruebjerg Vandrerute - 8 km
- 14 Stenholt Indelukke - 8 km
- 15 Præstevang - 2 km
- 16 Den Danske Pilgrimsrute
- 17 Saskoven og Esrum Mølegård - 10 km
- 18 Store Dyrehave Vandrerute - 10 km
- 19 Ræveskiftet og Rusland - 5 km
- 20 Kildekrog - 2 km
- 21 Harreshøj - 2 km

CYCLING ROUTE
- 32 Hillerød-Tisvilde 32
- 33 Gilleleje-Hillerød Rute 33
- 48 Slotsruten Rute 48
- 100 Rute 100
- 104 Rute 104
- 105 Parforcecykelrute Rute 105
- 109 Rute 109
- 110 Rute 110
- 702 Rute 702
- 703 Rute 703
- HS HH Sportsruten
- DR Dronningerunden

HEALTH TRAIL

MOUNTAIN BIKING ROUTE

BRIDLE PATH
- Bridle path
- Par force bridle path

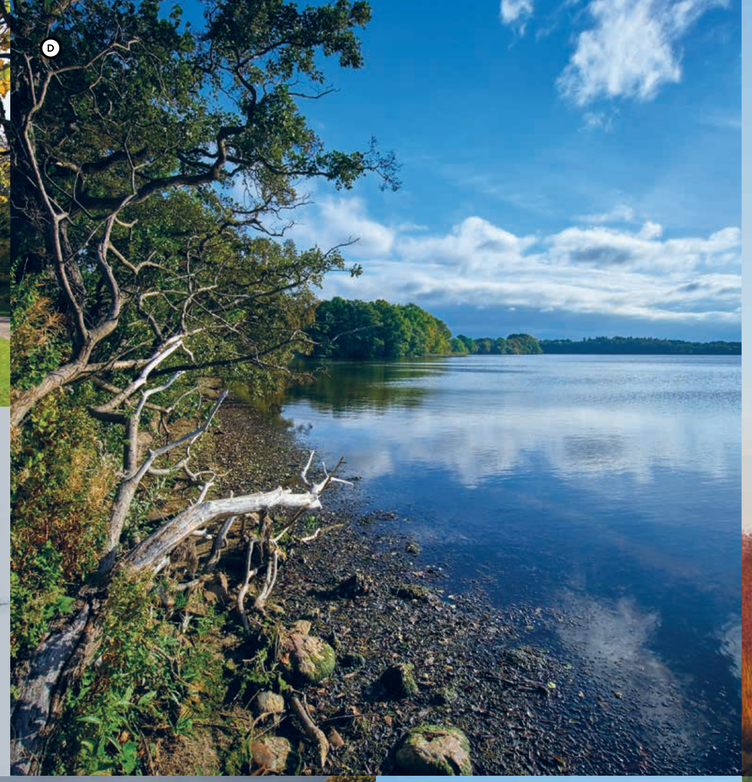
NATURENATIONALPARK GRIBSKOV

KONGERNES NORDSJÆLLAND NATIONAL PARK

FACILITIES
- Parking
- Toilet
- Accessible toilet
- Water dispenser
- Campfire site
- Sheltered bonfire site
- Packed lunch cabin
- Primitive camping site
- Shelter
- Free tenting
- Scout cabin
- Playground
- Vantage point
- Observation tower
- Dog forest, off lead area
- Train station
- Marqueritruten
- The par force hunting landscape

0 1 2 3 4 5 km







FREDENSBORG PALACE GARDENS
Photo: Thomas Rahbek, VisitNordsjælland

COMMON GOLDENEYE
Photo: Per Finn Nielsen

ESRUM LAKE
Photo: Allan Hexbroe

TEGNER'S MUSEUM
Photo: Henrik Sylvest, VisitNordsjælland

ESRUM ABBEY
Photo: Daniel Villadsen, VisitNordsjælland

STORE DYREHAVE HILLERØD
Photo: Tine Uffelmann, VisitNordsjælland

GRIBSKOV KILDEPORTSVEJ
Photo: Peter Lassen, Naturstyrelsen Nordsjælland

EUROPEAN PINE MARTEN
Photo: Lars Davidsen



RULES AND ADVICE FOR VISITORS

Kongernes Nordsjælland National Park offers many enjoyable experiences of nature for visitors, but the natural habitats are also home to a multitude of animals and plants.

Nature is inspiring, indispensable and irreplaceable, and that is why we must all take good care of it. Respecting nature, as well as others enjoying nature, will benefit us all.

PLEASE FOLLOW THIS SIMPLE ADVICE WHEN YOU ENJOY NATURE

- Greet people you meet, and show consideration
- Leave nothing but your footprints behind, and only bring home your memories
- Keep your dog on a leash to keep it from disturbing birds and other wildlife
- Do your best not to disturb birds and other animals, and leave plants untouched for others to enjoy
- As far as possible, avoid disturbing nature between sunset and sunrise

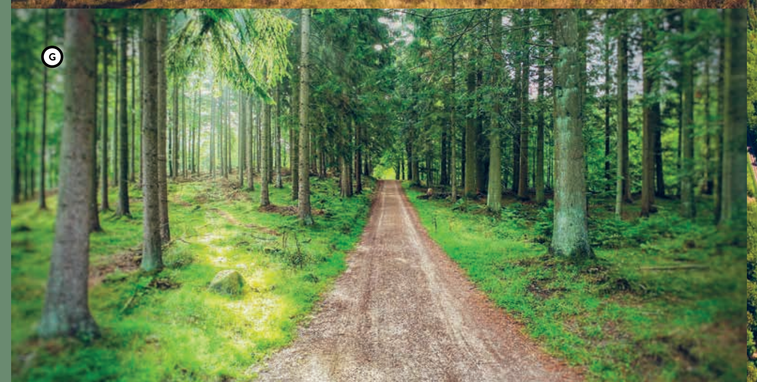
PUBLIC AND PRIVATE AREAS
The national park comprises both public and privately owned areas with different rules for each.

PUBLIC AREAS
Access is allowed 24 hours a day, and walking off roads and paths is permitted.

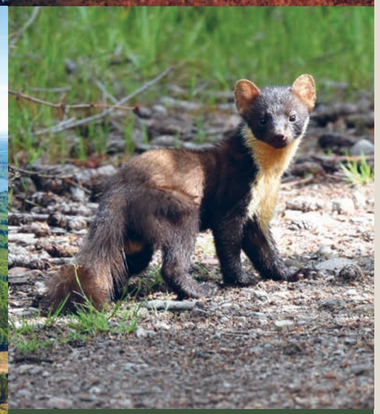
PRIVATE AREAS
You may use the park from 6 a.m. until sunset. Passage and use by foot and by bike is allowed on roads and clearly marked paths.

When using private areas, follow instructions on signs or provided by the owner.









VISIT OUR WEBPAGE FOR MORE INFORMATION ON EVENTS AND PROJECTS

EXPLORE THE NATIONAL PARK AND BRING HOME UNFORGETTABLE MEMORIES!

A RUSLAND
Rusland is a wide-reaching heath and a protected site. The sand drift that devastated the Northern coast in the 16-1700s covered the area in sand, and this has left its mark on the vegetation in the area. In places where drifting sand was deposited, a hilly landscape was formed with heather, juniper shrubs and scattered pines that characterise the area today. Grazing sheep keep the vegetation down. Place names such as Rusland (Russia) and Sibirien (Siberia) can be found in several places in Denmark, and they were originally used for remote and deserted places. Rusland in North Zealand lives up to its name, as to this day, it is a secluded natural area in an otherwise densely developed and cultivated region.

In the midst of the heather-covered hills lies Rudolph Tegner's Museum and Statue Park. The museum was built in 1938 by sculptor Rudolph Tegner to house his almost 200 statues and 214 paintings.

B ESRUM ABBEY AND MØLLEGÅRD
Esrum Abbey is an old Cistercian Abbey located in a landscape of forests and meadows. The abbey was consecrated to the Virgin Mary in 1151. Esrum Abbey became the mother house for a number of other Cistercian foundations in Northern Europe. After the Reformation, King Frederik II took possession of the abbey. Among other things, he established Denmark's first royal stud farm on the site. Around 1600, King Christian IV built a water mill south of the abbey. The present mill was built in the mid-1800s. From Møllegården there are several beautiful routes heading down towards Esrum Lake and into Gribskov.

C FREDENSBORG PALACE GARDENS
Fredensborg Palace Gardens are some of Denmark's most grandiose gardens. Avenues extend from the palace in a star formation, with the palace at the centre, symbolising the power of the King as the absolute monarch. The gardens are characteristic of the pompous baroque style known from Versailles outside Paris. The romantic style that inspired the partial conversion of the palace gardens in 1833-1850 is clearly visible in the forested areas, giving the gardens a more natural feeling. Most of the avenues were removed during that renovation, but they have since been recreated so you can again enjoy the view all the way to Esrum Lake.

D ESRUM LAKE AND GRIBSKOV
Esrum Lake is Denmark's second-largest lake by surface area and the largest by water volume. White-tailed eagles and ospreys, both of which breed in Gribskov, are often seen circling over the lake. Common goldeneyes breed in hollow trees or nest boxes along the lake shore. Gribskov is one of Denmark's largest continous forest areas with a wealth of different species of plants, fungi, and rare insects. The forest is managed to establish more and more wild nature. The original forest image is restored with grazing animals, several lakes and bogs and natural processes with both living and dead trees, so that, e.g., the forest marten has more habitat areas. The same applies to all the small forests around Gribskov, which all have the surname "hegn". This alludes to the fact that the forests were fenced off in the 19th century to prevent grazing livestock from eating the plants.

Taking 'the lake road' (Søvejen) is a good way to experience the forest and the lake. The road was probably built when King Christian IV established fenced meadows where horses could graze in the summer. These meadows were given names such as Pibervang, Munkevang and Tumlingevang. In the forest by the lake, horses now graze again, keeping the forest open as in previous times. Midway between Esrum and Nødebo lies "Kongens Bøge" with a lovely view of the lake.

E THE PAR FORCE HUNTING LANDSCAPE
Ottevejskorset was built at the end of the 1600s by King Christian V for par force hunting. Ottevejskorset is an intersection of eight straight roads. While the King and his hunting party were at a central place in the hunting landscape, 20-30 riders with dogs would drive a deer to exhaustion, and the King would kill it with his hirschfänger, a short sword. The hunting landscape extends to parts of Gribskov, Store Dyrehave, and Jægersborg Dyrehave, and it has been designated as a UNESCO World Heritage site. At "Stjernen" stands Søren Kierkegaard's sten. He liked to go on walks around North Zealand, and in particular in Gribskov, while he pondered his famous philosophy.

F PØLE Å AND THE THREE MEADOW LAKES
The Pøle Å stream flows through a sandy moraine area with many beautiful hilly landscapes currently under cultivation. The stream flows into Arresø lake. Along the stream, there are meadows with grazing animals. As part of efforts to restore nature and reduce nutrient discharges into Arresø, three meadow lakes have been established: Strødam, Solbjerg Engsø, and Alsønderup Engsøer. The three meadow lakes offer rich bird life with white-tailed eagles, ospreys, ducks, and geese. If you go hiking or cycling along Pøle Å, you may spot the characteristic traces of beavers' tooth marks left from gnawing at the trees along the stream, and if you are lucky, you may catch a glimpse of the colourful kingfisher.

G STORE DYREHAVE
You will never be bored when you visit Store Dyrehave. The forest offers myriad activities, such as orienteering, mountain biking, checking your fitness rating on the health trail, or just walking your dog in Præstevang, a large off-leash dog park. Store Dyrehave got its name when King Christian IV built an embankment around the forest to keep the huge herd of deer inside the forest, thereby making it a good place for hunting. Like in Gribskov, the old par force hunting trails in Store Dyrehave have been designated as a UNESCO World Heritage site.

Nationalpark Kongernes Nordsjælland · 3. udgave · 1. oplag · 2024
Foto forside: Esrum Sø (Daniel Villadsen, VisitNordsjælland) / Tryk: Nofoprint / Layout: Lise Glindvad
Indeholder GeoDanmark-data fra Styrelsen for Dataforsyning og Effektivisering og Danske kommuner, oktober 2021

The map provides an overview and is intended solely as an illustration of the area and its facilities. Please remain aware of any possible errors or changes, including misprints in the leaflet.

Svanemærket
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