LEARN MORE ABOUT

... WHEN HIKING IN THE COUNTRYSIDE

Hiking is a sustainable way to experience the unique wild nature which contributes to making the national park into something special. High-quality paths in varying lengths, promising you both peace and quiet, mental immersion, and wide horizons.

Here are some suggestions to help you take good care of the national park and hopefully also make your walk a good experience:

- Use the marked paths, which are designed to give you the best views of the landscape, nature, and culture-historical sights – moreover, you won't get lost.
- Pay attention to whether you're in a private or public area. You're welcome to walk anywhere in public areas 24/7. Remember that you're only allowed in private areas between 6 a.m. and sunset, and you must keep to roads and paths.
- You should expect certain areas to be closed for access in connection with the breeding season or while a hunt is in progress.
- You can gather edible plants and mushrooms for your own use, but don't pick flowers and protected plants.
- Only light bonfires in designated campfire rings elsewhere you can use an outdoor stove.
- Pick up any rubbish you find and take it with you even if it's not yours.
- Remember that you're a visitor to the countryside don't disturb the animals and birds living there.

Getting there

The national park app Nationalpark Mols Bjerge is useful for your trip. You can find paths, car parks, hiking routes, toilets, etc. – moreover, the app's map will show your position at any time.

The Danish Nature Agency has compiled a list of outdoor recreational activities on state-owned land, indicating facilities and sights as well as routes and advice for visitors to the countryside. The map is available on <u>udinaturen.dk</u> (in Danish).

The Danish Outdoor Council has compiled a list of access to privately-owned natural areas on the website *oplevmere.nu* (in Danish).

On the website *naturstyrelsen.dk*, there's a list of all hiking routes on state-owned land and you can download the *accompanying maps*.



