

**LEARN
MORE
ABOUT**

... WHEN GATHERING FROM THE COUNTRYSIDE

You can gather from nature virtually all year round. If you haven't yet done this before, why not join one of the gathering tours arranged by local nature guides.

Start with these simple suggestions:

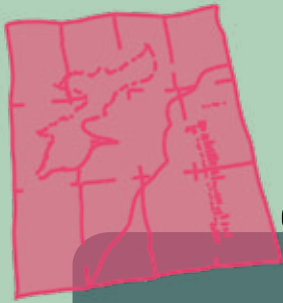
- You can gather everywhere on state-owned land. On privately-owned land, you can only gather what you can reach from the road or path you're travelling on.
- Only gather enough to fill a hat.
- Only gather for your own use. Leave the rest so that others may also enjoy picking food in the countryside.
- Do not pick species that are few in number in the location where you're gathering.
- Never dig up plants – they're unlikely to grow in your garden anyway, and it's actually unlawful.
- On state-owned land, you're allowed to cut branches and twigs from deciduous trees more than 10 metres tall, and you can gather pine cones from the forest floor, not from the trees.
- When you gather mushrooms, always bring a mushroom handbook and only pick the ones that you're completely certain are not poisonous.
- If you gather oysters or common mussels, remember that they can be poisonous during the summer months.
- Remember that you're a visitor to the countryside – don't disturb the animals and birds living there.
- Pick up any rubbish you find and take it with you – even if it's not yours.

Getting there

The Danish Nature Agency has compiled a list of outdoor or recreational activities on state-owned land, indicating facilities and sights as well as routes and advice for visitors to the countryside. Find the map on udinaturen.dk (in Danish).

Not all land in the national park is state-owned. The Danish Outdoor Council has compiled a list of access to privately-owned natural areas on the website oplevelmere.nu (in Danish). Learn more about gathering on mst.dk (in Danish).





1

Plan your trip before you go – check whether you are on public or private land

2

Respect animals and plants – we're the ones visiting nature



3

Take your rubbish home – even if it isn't yours



4

Keep your dog on a leash – don't let it disturb wild animals and grazing animals or frighten other visitors



5

Greet those you meet on your way with a smile – they're also out to enjoy nature



1

USEFUL SUGGESTIONS

ABOUT HOW BEST TO EXPLORE THE COUNTRYSIDE

6

Take great care when using open fire – only light fires within marked campfire rings. Put out the fire before leaving



8

If you want to spend the night in nature, please use the designated campsites and shelters



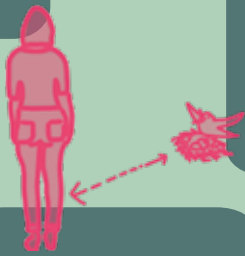
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Don't ignore signage and fencing – always follow the guidelines on signs and respect fences



7

Keep a safe distance to all animals in the countryside



9

Enjoy the sounds of nature – keep the noise down

