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... WHEN YOU'RE ON THE BEACH

Whether you're bathing on a hot summer's day or hiking on a windy autumn day, the Danish countryside has long stretches of lovely beaches.

Here are some suggestions for your beach walk to give you a good experience whilst respecting the countryside and other beach users:

- Always be respectful and considerate as the beaches are used and enjoyed for outdoor recreation by many different people throughout the year.
- Respect the fact that Blue Flag beaches are dog-free zones and that our four-legged friends must be kept on a leash on the beach during the period 1 April – 30 September.
- If you gather shells, or similar, from the beach, you can only take enough to fill a bucket or hat.
- Respect that beach angling requires an angling permit.
- If you overnight on the beach, you cannot pitch a tent.
 You can light a bonfire in the sand, but remember to put it out and cool down the sand, so that others won't get hurt when walking there.
- If you have a rowing boat, you can pull it up on the beach for a short period. Motor-driven boats must remain on the water.
- Remember to use surface marker buoys and flags when snorkelling.
- Be careful with inflatable beach toys and air beds particularly when there's an offshore wind.
- Nude bathing on the beaches is allowed unless expressly prohibited.
- Do not fly kites near beach breeding grounds or wait until the breeding season is over in July. The breeding birds will interpret kites as birds of prey.
- Stay as close to the water as possible, so as not to disturb animals and birds on the salt marshes.
- Remember that you're a visitor to the countryside don't

disturb the animals and birds living there.

 Pick up any rubbish you find and take it with you – even if it's not yours.

Getting there

The website <u>respektforvand.dk</u> (in Danish) hosted by the foundation Trygfonden is the best place to be if you want to know more about safety near and in the water.

Denmark has many Blue Flag beaches. They are listed along with further information on *friluftsraadet.dk* (in Danish). All Danish beaches are numbered. Find the number on green signs by the driveway leading down to the beach or on the beach itself. It is useful when trying to locate family and friends, but particularly in emergency situations.

The Danish Nature Agency has compiled a fine list of outdoor recreational activities on state-owned land, indicating facilities and sights, routes and advice for visitors to the countryside.

Find the map on udinaturen.dk (in Danish).

Not all land in the national park is state-owned. The Danish Outdoor Council has compiled a list of access to privately-owned natural areas on the website <u>oplevmere.nu</u> (in Danish).



